



Inclusion/Exclusion Due to Illness Policy

The health and safety of our members at Meghan's Place is a top priority. "Exclusion for illness" policies help providers avoid the spread of infectious diseases, maintaining a healthy environment for staff, members, and their families. In addition, some families have vulnerable individuals whose immune systems are fragile. *An illness policy allows sick individuals to receive appropriate care and rest without compromising the health of others.*

Please see below for Meghan's Place current "Inclusion/Exclusion Due to Illness Policy" (updated 1/1/2024).

Key guidelines for exclusion for illness:

- Member does not feel well enough to comfortably take part in usual activities
- Member needs more care than staff can give while still caring for others
- The illness has a risk of spreading disease to others

Fever

Fever is one of the most prevalent causes of keeping an individual home. While a low-grade fever might not be a big deal for some individuals, it can be more serious for others.

- Temperature threshold: Stay home with a temperature 100° F or higher
- Exclusion period: Members can return after they are fever-free for 24 hours without the use of fever-reducing medicine.
- Recurrence policy: If a member has a fever more than once in a short time (within a week), please provide a doctor's note before returning to the club.

Bacterial illness

A member diagnosed with a bacterial illness and requiring antibiotics (ex. strep throat, pinkeye, etc.) can return to the club one full day (24 hours) after taking the first dose of medication and fever-free.

Vomiting

If a member vomits while at the club, the member will be kept away from others, will be sent home and asked to stay home for a minimum of 24 hours after symptoms are gone.

Diarrhea

If a member experiences diarrhea while at the club, the member will be kept away from others, will be sent home and asked to stay home for a minimum of 24 hours after symptoms are gone.

Viral illness

The coronavirus (COVID-19) pandemic has changed how we live and work. Meghan's Place will exclude members experiencing viral symptoms, and may require a negative test before returning. Symptoms of a virus (influenza, RSV, Covid-19, etc.) can include, but are not limited to:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headaches
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Administration of medication

Meghan's Place staff is not licensed to manage, and will not administer medications of any kind. Members who need to take medications while at Meghan's Place must be supported by a parent or guardian.

If you are unsure about your family member's symptoms, I am happy to visit with you prior to coming to the club. I can be reached at the club (320-234-6347), or by cell (320-510-1234). Thank you so much for your cooperation and partnership to ensure a safe and healthy environment for all!


Executive Director